



# Mudlark's Nursery Forest School Kit List – Recommended Clothing

Forest school runs whatever the weather so ensuring you have the right kit is essential for you little ones, our recommended list is based off of our experience & specialist expertise with outdoor clothing.

To make the list easier to understand we have split our recommended clothing into the seasons Summer, Winter & Spring/Autumn. We have combined the seasons Spring & Autumn as from experience we have found the weather is often similar, so the kit list is the same for both.

## SPRING / AUTUMN CLOTHING

- **Waterproof Rain Set** - this could be a puddle suit or separates. it is a good combination to have a light 100% [waterproof jacket](#) with unlined waterproof [dungarees](#) or [trousers](#).
- **Comfortable trousers** - this could be jogging bottoms or leggings and avoid denim.
- **A T-shirt** - long sleeve is best for Spring & Autumn.
- **A Jumper** - This can vary, on colder days opt for a warm fleecy jumper, and warmer days pack a light fleece.
- **Light Warm Jacket** - A fleece zip up jacket is much easier for changing into.
- **Two Pairs of Socks** - wear a thin cotton sock on the bottom with thick wool or bed socks on top. The top layer can depend on the weather.
- [Wellies](#) or **Sturdy Shoes** - Something you do not mind getting muddy.
- **SPARES** - Always pack a spare set of clothing, especially socks & trousers (pack extra if your little one is toilet training too!)

## WINTER CLOTHING

- **Base Layers** - Thermal vest, thermal long-sleeve top & thermal leggings.
- **Warm Trousers** - Fleece or warm tracksuit bottoms
- **Long Sleeve Top**.
- **A Warm Jumper** - A fleece or wool jumper
- **Warm Jacket** - A fleece zip up jacket is much easier for changing into.

- [Hat](#) & [Warm Gloves](#).
- **Two Pairs of Socks** - wear a thin cotton sock on the bottom with thick wool or thermal socks on top.
- [Wellies](#) or **Boots** - Something that has a thermal liner will help keep your little ones warm.
- **Winter Waterproofs** – [A fleece lined puddle suit](#) or fleece lined two-piece [rain set](#) to wear over the layers listed above. We would also recommend waterproof mittens!
- **SPARES** - Always pack a spare set of clothing, extra jumpers, socks & trousers (pack extra if your little one is toilet training too!)

## SUMMER CLOTHING

- **Comfortable trousers** - this could be jogging bottoms or leggings.
- **A T-shirt** - this could be short sleeved however long sleeve is often better for protection against sunburn, scratches & bug bites.
- **A Jumper** - this is good to have just in case, preferably a light weight one that zips up (this makes it easier to get on an off)
- **Socks.**
- [Wellies](#) or **Sturdy Shoes** - Something you do not mind getting muddy, so definitely not sandals or flip flops.
- **Unlined Waterproofs** - For the wet summer days, having an unlined [rain set](#) will come in handy.
- **A Sun Hat** - Make sure to get one that will stay on well.
- **SPARES** - Always pack a spare set of clothing in the summer, especially socks & trousers (we would recommend extra underwear if your little one is toilet training too!)